

2015 Youth Legacy Testing		Seated Ball throw	Broad Jump	Plank	Sit & Reach	5-10-5 Run	Sit ups	Push-ups	20m Shuttle Run		
First Name	Last Name	Heightcm	Weight kg	Distance (cm)	Distance (cm)	seconds	Distance (Inch)	Time (s)	Last Stage Reached		
Tristan	Atkins	182	70.8	390	203	140	10	5.2	31	39	10.1
Noah	Blacquiere	159	49.9	290	183	140	11.5	5.7	61	26	8.5
Jack	Digout	168	49.0	320	188	180	9	4.9	40	20	12.6
Luc	Gallant	167	59.4	320	201	180	15.5	5.34	45	30	12.2
Blake	Gass	176	91.6	400	155	130	14.5	6.25	52	17	7.9
Malcolm	Gilman	181	76.7	420	234	69	12	5.2	30	20	8.2
Greg	Morrison	173	80.7	400		84	17.5	7.7	33		
Sebastien	Roy-Garand	183	85.7	490	272	84	11.5	5	36	47	10.4
Jacob	Savidant	179	89.4	360	188	76	12	5.7	36	18	6.1
Yousef	Sefau	178	66.7	385	218		14.5	4.88	55	37	10.9
Matthew	Tanton	192	83.0	460	239	180	13	5.03	45	39	11.1
Ben	Tanton	167	56.7	390	224	180	15	5.38	42	49	10.7
Riley	Taweel	174	63.5	365	203	180	14.5	5	49	38	11.4
Brandon	Watts	179	98.4	490	218	108	12.5	5	47	13	8.2
Male Average		175.6	73.0	391.4	209.7	133.2	13.1	5.4	43.0	30.2	9.9
UPEI Male Averages from 2014		182	82	490	229	180		5.6		34	11.8